



West Cumbria
al Group
Winter Programme

2005/6

Programme Sec.:

Mr. R. Eaton
53 High Rigg, Brigham,
Cockermouth. CA13 0TA
Tel. 01900 824552

Treasurer:

Mr. E Cass
1 Evening Hill Drive
Workington. CA13 0BP
Tel. 01900 823847

Subscription £4 for all aged over 16 years.

Any persons interested are invited to join us on any of the following walks. If they would then like to become members of our group they should apply with the subscription to either of the above officers. **Cheques are to be made payable to "West Cumbria HF local group"**

Ron Eaton Prog. Sec.

"A" walks start at 10.00am and "B" & "F" at 10.30am at the map reference or place stated. Allow 15min before the start for

booting up and briefing. If there is no specified leader a walk will still take place, and a leader chosen from the assembled members - the walk may be amended

INFORMATION

The committee and leaders can accept no responsibility for the safety and well-being of members or guests participating in the activities of the West Cumbria HF local group.

WALKS

Note - the times below will be reduced in mid-winter

"A" walks will take up to 5.5 or 6.5 hours of strong walking, including a 1 hour rest allowance.

"B" walks will take up to 4.0 to 5.0 hours medium walking & rest periods taken as required by the walkers

"Fellowship" (F) walks will take up to 5.5 hours of modest pace walking with generous rests designed to assist the more sociable interests of the members taking part.

DOGS

In the interest of the safety of walkers and dogs, dogs are banned where indicated in the programme. On all other walks, dogs are discouraged. Members bringing dogs should walk in the rear with their dogs kept on a short lead. The leader may bar any walker, who cannot maintain satisfactory control of a dog, from continuing

with the party.

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12th Nov **Honister N.T.C.P** MR. 225135
A- Brandreth & Grey Knotts Ldr. B. Todd
B- Fleetwith Head Ldr. R. Eaton

19th Nov **Calder Br. Village C.P.** MR. 042061
F- Monks Bridge Ldr. P. Rimmer

Thu 24th Nov – Social event

26th Nov **Broadgate Meadows C.P. (p)** MR. 337076
A- Stone Arthur Ldr. G. Harker
B- Alcock Tarn Ldr. S. Askam

03rd Dec **Seatoller N.T.C.P** MR. 246138
- High Dote Ldr. P. Rimmer

Fri 09th Dec – Social event

10th Dec **Waterend C.P.** MR. 116224
A- Burnbank, Blake & Gavel Ldr. T.B.A
B- Graythwaite & Mosser Fell Ldr. W. Walsh

17th Dec **Legburthwaite C.P.(p)** MR. 318195
A- Clough Head & Sticks Pass Ldr. G. Harker
Lorton Hall Rd. Jct. MR. 153257
B- Lorton Village Environs Ldr. M. Wardley

26th Dec
F- Sale Fell

Wythop Church

MR. 190301
Ldr. R. Eaton

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31st Dec **Gutherscale C.P.** MR. 246212
A- Cat Bells Ldr. L. Polley
B- Cat Bells Terrace Ldr. M. Rooke

02nd Jan **Keswick Stn. C.P.** MR. 272237
F- Latrigger Ldr. B. Nelson

07th Jan **Cockermouth School** MR.130311
F- Slate Fell Ldr. A. Elliott

Wed 11th Jan – Social event

14th Jan **Lorton Hall Rd. Jct.** MR. 153257
A- Low Fell & Fellbarrow Ldr. L. Polley
B- Millbeck Ldr. W. Walsh

21st Jan **Felldyke C.P.** MR. 086198
F- Knock Murton Ldr. A. Elliott

28th Jan **Dash Beck Lay-by** MR. 262319
A- Great Calva Ldr. B. Todd
B- Dash Falls Ldr. T.B.A.

04th Feb **Spout Force C.P.** MR. 177257
F- Graystones & Kirk Fell Ldr. P. Rimmer

Fri 10th Feb – Social event

