



The Castle Bar strives to produce homemade food using fresh local produce and to support local businesses within the Cumbrian area. Please be patient during busy periods as all of our food is prepared fresh to order.

If you suffer from any food allergies or intolerance, please let a member of staff know upon placing your order. If you require any more details with regards to dish ingredients, then please ask a member of staff who will be happy to help you.



DINING AT

the Castle Bar

BAR MENU

Lunchtimes:
Saturday & Sunday 12.00pm - 2.30pm

Evenings:
Monday - Friday 5.00pm - 9.00pm
Saturday & Sunday - 5.30pm - 9.00pm

STARTERS

Soup of the Day £4.50
coffee kitchen's fresh baked roll & butter
(avgf without the roll)

Mozzarella Sticks (v) £5.95
homemade mozzarella sticks with homemade
chilli jam & a side salad

Crab Cakes £6.95
served on a bed of rocket salad & chilli aioli

Marinated Mixed Olives £3.95

Smoked Chicken & Avocado Salad £5.95
with dressed mixed leaf

Goats Cheese Salad £4.25
with cherry tomatoes & balsamic glaze

LIGHT BITES (LUNCHTIMES ONLY)

**Ciabatta or white or brown sliced bread
with a salad garnish**

Smoked Salmon & Cream Cheese Bagel

Brie & Red Onion Marmalade

Smoked Chicken & Avocado

**True Grit Cheddar Cheese & Spicy
Tomato Chutney**

All Sandwiches £5.25

Lindsay's Cumberland Sausage £6.25
with fried onions & gravy

ADD: A Bowl of Soup £1.00

MAINS

Homemade Steak & Ale Pie £11.95
chunks of beef steak, local ale gravy, short crust
pastry, seasonal vegetables & creamy mashed
potato or chips

Fish & Chips £12.95
beer battered cod fillet, chips, a pot of mushy
peas, tartar sauce & a wedge of lemon (avgf
grilled or poached cod with new or creamy
mashed potatoes)

Whole-Tail Scampi £10.95
with chips, peas, salad & our tartar sauce

Lindsay's Cumberland Sausage £10.25
local cumberland sausage, homemade creamy
mashed potato (or chips) seasonal vegetables and
red onion gravy or a fried egg

Minted Lamb Henry £14.95
local shoulder of lamb & mint gravy, seasonal
vegetables and creamy mashed potato (or chips)
(avgf with new or creamy mashed potatoes, gravy
made to order)

Chicken & Chorizo Pasta £12.95
pan fried diced chicken with chorizo, spring
onions & penne pasta bound in a white wine &
garlic cream sauce & garlic bread

SIDE ORDERS

Homemade Twice Cooked Chips £2.50

(with cheese or gravy) £3.00

Salt & Pepper Chips £3.95

Sweet Potato Fries £3.00

Onion Rings £2.50

Garlic Bread £3.25

Garlic Bread with Cheese £3.95

Side Salad £2.95

Coleslaw £1.95

Homemade Castle Beef Burger £10.95
with sliced tomato & lettuce in a seeded brioche
bun, served with onion rings, chips & a side salad

ADD: Cheese 50p

Cajun Chicken Breast Burger £9.95
with sliced tomato & lettuce in a seeded brioche
bun, served with onion rings, chips & side salad

Smoked Chicken & Avocado Salad £9.95
with dressed mixed leaf salad & coffee kitchen's
garlic & rosemary focaccia

Choice of Steak:

Sirloin £21.95

Bistro Rump £17.95

Ribeye £19.95

cooked to your liking, with cherry tomatoes,
mushroom, onion rings & chips

Peppercorn Sauce/Blue Cheese Sauce £3.00

VEGETARIAN CHOICES

Vegetarian Lasagne £9.95

butternut squash, mushrooms, leeks, spinach
& pine nuts with a creamy cheese béchamel &
butternut squash sauce served on a thyme toasted
coffee kitchen garlic ciabatta & crispy carrot
shavings

Goats Cheese Salad £8.95

With cherry tomatoes, balsamic glaze & coffee
kitchen's garlic & rosemary focaccia (v)

Tomato & Chickpea Curry £9.95

served with wild rice (vegan) (v)

SUNDAY ROAST LUNCH £8.95

(SUNDAYS ONLY)

with steamed vegetables, roast potatoes, creamy
mashed potatoes, a rich gravy & yorkshire
pudding (avgf no Yorkshire pudding & gravy to
order)

Smaller Portion Available for £6.95

CHILDREN'S MEALS

Please choose from one of the following:

Homemade Breaded Chicken Goujons
with chips

Mini Cumberland Sausage
with mash potatoes or chips & gravy

Breaded Scampi & Chips
with homemade tartar sauce

Battered Fresh Cod Goujons
with chips & homemade tartar sauce

Now please choose your side:

Peas

Baked Beans ALL FOR
Garlic Bread £6.25

And to finish off how about a scoop of ice
cream of your choice: vanilla, strawberry
or chocolate with a wafer & chocolate or
strawberry sauce

DESSERTS £5.25

Sticky Toffee Pudding

Cheesecake

**Lemon Posset, with Balsamic Strawberries
& Shortbread Biscuit**

Strawberry Panna Cotta (gf)

3 Scoops of Hartley's Ice Cream £3.95

Vanilla, Chocolate, Strawberry

FOOD ALLERGIES AND FOOD INTOLERANCE

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ingredients, then please ask a member of staff who will
happy to help you

**Suitable for: (v) vegetarians; (gf) gluten free; (avgf)
available gluten free option**

